

PULSE @ BSH



مستشفى البحرين التخصصي
Bahrain Specialist Hospital

Celebrating Excellence In Innovation,
Education & Community Impact



FROM THE EDITOR'S DESK

It is with great excitement that we launch the inaugural edition of Pulse@BSH a newsletter born from purpose, progress, and people. Inside, discover stories that reflect Bahrain Specialist Hospital's dedication to innovation, education, and meaningful community impact.

From lifesaving procedures to collaborative breakthroughs, each feature captures the spirit of human-centered care. This is more than an update — it's a voice connecting milestones, challenges, and the lives we touch.

Welcome to our story.



CHAIRMAN'S MESSAGE

We proudly introduce Pulse@BSH a platform to showcase the Bahrain Specialist Hospital's legacy of exceeding patient expectations through innovation, collaboration, and care. Thank you to every team member who keeps this legacy alive and evolving.

Hamid Rashid Al Zayani,
Chairman,
Bahrain Specialist Hospital.



VICE CHAIRMAN'S MESSAGE

BSH has become a role model for the private healthcare sector in Bahrain. As we look ahead, we envision deeper collaboration with public institutions and strive to become a teaching hospital — a future where culturally grounded, excellently trained doctors serve our community.

Dr. Najah R. Zayyani,
Vice Chairman,
Bahrain Specialist Hospital.

Milestones of Impact



A 4-Decade Journey into Inflammatory Bowel Disease (IBD)

Largest Crohn's & Ulcerative Colitis Database in the Region



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JCI Accreditation 5th Consecutive Win with Zero Non-Compliance

Reaffirming our commitment to international healthcare standards and patient safety.



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BSH Apollo Heart Center Marks 5 Years of Impact & Over 1000 Life-Saving Procedures

Celebrating world-class cardiac care backed by cutting-edge infrastructure.



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Crystal Vision Eye Clinic Turns One

A year of advanced pediatric and adult eye care led by Prof. Igor Aznauryan.



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BSH Joins Bahrain Genome Project

The first private hospital in Bahrain to contribute to precision medicine research.



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BSH Celebrates 10 Years as an American Heart Association Training Center

Empowering healthcare professionals and communities through First Aid CPR AED, BLS, ACLS & PALS training.



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Rare Case Reviews



Dr. Nabeel S. Alshafai
Head of Department
Consultant, Neurosurgeon and
Spine Surgeon
Department of Neurology
Bahrain Specialist Hospital

Professor Timo Krings
Consultant Neurologist &
Interventional Radiologist, University of
Toronto, Canada

Management of Brain Arterial Aneurysm with Stents

A first in Bahrain, led by Prof. Nabeel S. Alshafai & Prof. Timo Krings.

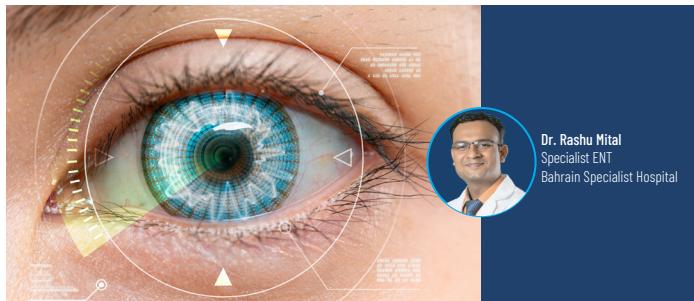


Dr. Abdul Azeez Asad
Consultant
Interventional Cardiology
Bahrain Specialist Hospital

Dr. Sanjeev K. Khulbej
Consultant
Cardiothoracic Surgeon
Bahrain Specialist Hospital

First Heart Valve Replacement in Bahrain's Private Healthcare Sector

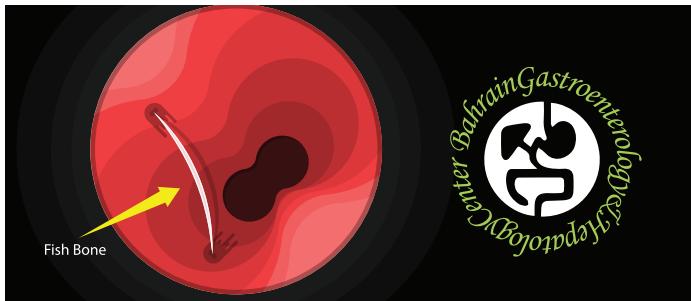
A collaborative cardiac surgery success.



Dr. Rashi Mital
Specialist ENT
Bahrain Specialist Hospital

A Unique Case of Fungal Sinus Disease Impacting Brain & Eye

Treated through multidisciplinary endoscopic and cranial intervention.



Bahrain Gastroenterology and Hepatology Center

Timely Intervention Saves Patient from Fish Bone Impaction Complications

The Bahrain Gastroenterology and Hepatology Center at BSH recently treated a case that underscored a vital reminder.



Dr. Shamil P.K
Specialist Interventional
Pulmonologist

When Pneumonia Persists: The Hidden Diagnosis Behind Lingering Symptoms

A compelling case from Bahrain Specialist Hospital's Pulmonary Clinic underscores the importance of persistence, precision, and the power of multidisciplinary care.



Emerging Pathogens in Clinical Cultures

Rare cases like *Burkholderia pseudomallei*, *Pasteurella canis*, and *Saprochaete capitata* shed light on diagnostic complexities.



Medical Frontiers at BSH



Rapid PCR Diagnostics

Speed meets precision in detecting respiratory and gastrointestinal infections.



PRIMUS Whole-Body DXA Scanner

Advanced diagnostic imaging for bone health and body composition.



EBUS & EUS Technologies

Revolutionizing minimally invasive diagnostics in pulmonology and gastroenterology.



Academic Leadership & CME Highlights



Pulmonology & Sleep Medicine Conference

Latest updates in respiratory care.



Gallbladder Cancer Management

A CME that fostered surgical and diagnostic excellence.



Acute Coronary Syndromes Therapy

Hosted by BSH Apollo Heart Center with international speakers.



Metabolic Liver Disease Lecture

Delivered by Dr. Najah Zayani at the Bahrain Diabetes & Obesity Conference.



Spotlight on Excellence



Employee Recognition

Mr. Hussain Al-Bassri

Honored for exceptional service and leadership as Call Center Supervisor under HM King Hamad's patronage


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Community & Corporate Wellness

YOU CAN BE A

Heart HERO



Heart HERO Program

Community CPR and cardiac education driven by volunteers and partners.


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Digital Engagement

MEDTalk

MEDTalk Series

Streaming expert healthcare insights on Instagram & YouTube - @bsh_hospital


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Wellness At Work

Corporate screenings, dental checkups, and mental wellness outreach for a healthier workforce across Bahrain.


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Tuesday Grand Rounds

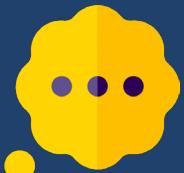
A CME Session

Tuesday Grand Rounds

Weekly academic sessions featuring real-world cases and clinical innovations.


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Final THOUGHTS



Pulse@BSH isn't just a newsletter — it's a heartfelt tribute to the care, commitment, and connection that define our healthcare community. We welcome your ideas, stories, and suggestions as we work together to shape a healthier future for Bahrain and the Gulf region.

Reach out to us at pulse@bsh.com.bh
your voice matters.



Nursing is an Art

Nursing is an art, a tender, healing part,
That softly mends the human heart.
We touch, we care, we give, we strive—
In every breath, we keep hope alive.

No shift the same, no day repeats,
Each moment charged with pulsing beats.
Exhilaration, weariness entwine,
Yet purpose fuels this soul of mine.

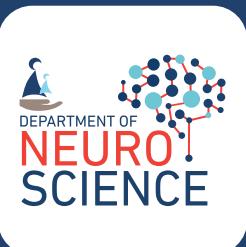
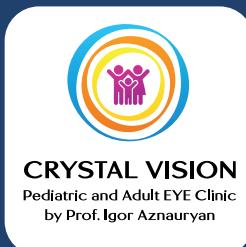
We wear the gown, the gloves we don,
With steady hands, we carry on.
No room for frowns, just quiet grace,
In life or death—we take our place.

One breath away, we bring you back,
When shadows fall and strength may lack.
We work through pain, disease, and fear,
To hold you close, to keep you near.

With blankets warm, we comfort, shield,
With bandaged care, your wounds are healed.
No crown we wear, no grand applause—
Yet hearts we mend without a pause.

For in this soul, a truth remains:
The nurse walks close to joy—and pain.

Centers of Excellence



Accreditations



Bahrain Specialist
Hospital & Clinic
Airport Branch
17138777



Bahrain Specialist
Hospital & Clinic
Riffa Branch
13381338



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